

Junior Menu

WEEK 1	WEEK 2
Monday Pizza Margherita and Salad	Monday Chicken Fillet Burger and Salad
Tuesday Italian Pork Meatballs and Pasta	Tuesday Full English Breakfast
Wednesday Cumberland Hotdog with Sides	Wednesday Pasta Bolognese
Thursday Chicken Korma, Rice and Naan Bread	Thursday Fishcakes, Chips and Peas
Friday Roast Chicken Dinner	Friday Chef's Pasta Special
WEEK 3	WEEK 4
Monday Chilli Con Carne with Rice and Nachos	Monday Premium Beef Burger with Salad
Tuesday Fish Fingers, Chips and Peas	Tuesday Battered Fish, Chips and Mushy Peas
Wednesday Lancashire Butter Pie	Wednesday Sweet and Sour Chicken with Noodles
Thursday Spicy Arrabbiata Pepperoni Pasta	Thursday Sausage, Mash and Beans
Friday Chicken Goujons, Wedges and Vegetables	Friday Roast Turkey Dinner

Morning Snack – Continental Sliced Meats, Cheese, Wraps, Humous, Vegetable Crudites

Lunch - Served daily with the option of Jacket Potatoes accompanied with Cheese, Beans, Coleslaw, Tuna Mayonnaise and a Salad Bar

Dessert - Fruit Platter and Cheese Board with a selection of Crackers served after lunch daily



Ashbridge

INDEPENDENT SCHOOL & NURSERY

Vegetarian and Dietary Alternative Menu

WEEK 1	WEEK 2
Monday Lunch – Vegetable Tomato Pasta Tea – Potatoes and Baked Beans	Monday Lunch – Quorn and Vegetable Pie Tea – Vegetarian Sausages and Beans
Tuesday Lunch – Lentil Ragu with Pasta Tea – Chickpea Supreme and Rice	Tuesday Lunch – Vegetarian Breakfast Tea – Vegetable Fingers, Potatoes and Peas
Wednesday Lunch – Vegetarian Toad in the Hole Tea – Tomato and Vegetable Penne Pasta	Wednesday Lunch – Lentil Pasta Bolognese Tea – Potatoes and Baked Beans
Thursday Lunch – Chickpea Korma with Rice Tea – Vegetable Fingers and Mushy Peas	Thursday Lunch – Lentil and Vegetable Hotpot Tea – Chickpea, Sweet Potato and Coconut Curry
Friday Lunch – Vegetarian Roast Dinner Tea – Mixed Pepper Risotto	Friday Lunch - Vegetarian Roast Dinner Tea – Tomato and Mushroom Pasta Bake
WEEK 3	WEEK 4
Monday Lunch – Haricot Bean Chilli with Rice Tea – Vegetarian Toad in the Hole	Monday Lunch – Chickpea and Vegetable Paella Tea – Lentil Shepherd's Pie
Tuesday Lunch – Thai Curry with Rice Tea – Potatoes and Baked Beans	Tuesday Lunch – Vegetable Fingers, New Potatoes and Peas Tea – Tomato and Vegetable Pasta Shells
Wednesday Lunch – Lancashire Butter Pie Tea – Pasta and Sweetcorn	Wednesday Lunch – Chickpea Supreme with Rice Tea – Vegetable Corned Beef Hash
Thursday Lunch – Lentil Pasta Bolognese Tea – Vegetable Fingers and Mushy Peas	Thursday Lunch – Vegetarian Sausage Casserole (<i>Nursery & Pre-School</i>) Lunch – Vegetarian Sausage, Mash & Beans (<i>Infants</i>) Tea – Sweetcorn Pasta
Friday Lunch – Vegetarian Roast Dinner Tea – Cheese and Onion Lattice and Beans	Friday Lunch – Vegetarian Roast Dinner Tea – Vegetarian Cottage Pie

Breakfast Options: -

- Creamy Porridge (available with Soya or Oat Milk)
- Coconut Yoghurt served with Stewed Fruit

Dessert - Fresh Fruit Platters served after lunch (with blended fruit and Greek Yogurt for Babies)

Tea – Served with bread-and-butter alternative each afternoon