



Ashbridge

INDEPENDENT SCHOOL & NURSERY

Nursery, Pre-School and Infant Menu

WEEK 1	WEEK 2
Monday Lunch – Creamy Tomato Pasta with Ham & Mushrooms *Tea – Baked Beans and Cheesy Potatoes	Monday Lunch – Chicken and Vegetable pie *Tea – Sausage and Beans
Tuesday Lunch – Italian Pork Meatballs and Pasta *Tea – Chicken Supreme and Rice	Tuesday Lunch – Chicken casserole (<i>Nursery</i>) Lunch - Full English Breakfast (<i>Infants</i>) *Tea – Fish Fingers and Mushy Peas
Wednesday Lunch – Toad in the Hole *Tea – Tomato and Vegetable Penne Pasta	Wednesday Lunch – Pasta Bolognese *Tea – Omelette and Beans
Thursday Lunch – Chicken Korma with Rice *Tea – Battered Fish and Mushy Peas	Thursday Lunch – Lancashire Hotpot (<i>Nursery</i>) Lunch - Fishcakes, Chips and Peas (<i>Infants</i>) *Tea – Chickpea, Sweet Potato and Coconut Curry
Friday Lunch – Roast Chicken Dinner *Tea – Mixed Pepper Risotto	Friday Lunch – Roast Turkey Dinner *Tea – Creamy Tomato, Ham and Mushroom Pasta
WEEK 3	WEEK 4
Monday Lunch – Chilli Con Carne with Rice *Tea – Toad in the hole	Monday Lunch – Chicken and Butterbean Paella *Tea – Shepherd's Pie
Tuesday Lunch – Thai Chicken Curry with Rice *Tea – Omelette and Beans	Tuesday Lunch – Fishcakes, Potatoes and Peas (<i>Nursery and Pre-School</i>) Lunch – Battered Fish, Potatoes and Peas (<i>Infants</i>) *Tea – Tomato and Vegetable Pasta Shells
Wednesday Lunch – Lancashire Butter Pie *Tea – Chicken and Sweetcorn Pasta	Wednesday Lunch – Chicken Supreme with Rice *Tea – Corned Beef Hash
Thursday Lunch – Pasta Bolognese *Tea – Fish Fingers and Mushy Peas	Thursday Lunch – Sausage Casserole (<i>Nursery</i>) Sausage, Mash & Beans (<i>Infants</i>) *Tea – Chicken and Sweetcorn Pasta
Friday Lunch – Roast Chicken Dinner *Tea – Cheese and Onion Lattice and Beans	Friday Lunch – Roast Turkey Dinner *Tea – Cottage Pie

***Please note – Items in blue are for Nursery and Pre-School Only)**

Breakfast Options: -

***Creamy Porridge made with milk and cream**

***Natural Greek Yoghurt with Stewed Fruit**

***Continental Style Breakfast with Selection of Sliced Ham, Cheese and Fajita Wraps (for 2-3's and up)**

Children in Reception, Year 1 and Year 2 are provided with a mid-morning snack of Continental Sliced Meats, Cheese, Wraps, Humous, Vegetable Crudites

Dessert - Fresh Fruit Platters served after lunch (with blended fruit and Greek Yogurt for Babies)

***Tea – Served with bread and butter each afternoon**



Ashbridge

INDEPENDENT SCHOOL & NURSERY

Vegetarian and Dietary Alternative Menu

WEEK 1	WEEK 2
Monday Lunch – Vegetable Tomato Pasta Tea – Potatoes and Baked Beans	Monday Lunch – Quorn and Vegetable Pie Tea – Vegetarian Sausages and Beans
Tuesday Lunch – Lentil Ragu with Pasta Tea – Chickpea Supreme and Rice	Tuesday Lunch – Vegetarian Breakfast Tea – Vegetable Fingers, Potatoes and Peas
Wednesday Lunch – Vegetarian Toad in the Hole Tea – Tomato and Vegetable Penne Pasta	Wednesday Lunch – Lentil Pasta Bolognese Tea – Potatoes and Baked Beans
Thursday Lunch – Chickpea Korma with Rice Tea – Vegetable Fingers and Mushy Peas	Thursday Lunch – Lentil and Vegetable Hotpot Tea – Chickpea, Sweet Potato and Coconut Curry
Friday Lunch – Vegetarian Roast Dinner Tea – Mixed Pepper Risotto	Friday Lunch - Vegetarian Roast Dinner Tea – Tomato and Mushroom Pasta Bake
WEEK 3	WEEK 4
Monday Lunch – Haricot Bean Chilli with Rice Tea – Vegetarian Toad in the Hole	Monday Lunch – Chickpea and Vegetable Paella Tea – Lentil Shepherd's Pie
Tuesday Lunch – Thai Curry with Rice Tea – Potatoes and Baked Beans	Tuesday Lunch – Vegetable Fingers, New Potatoes and Peas Tea – Tomato and Vegetable Pasta Shells
Wednesday Lunch – Lancashire Butter Pie Tea – Pasta and Sweetcorn	Wednesday Lunch – Chickpea Supreme with Rice Tea – Vegetable Corned Beef Hash
Thursday Lunch – Lentil Pasta Bolognese Tea – Vegetable Fingers and Mushy Peas	Thursday Lunch – Vegetarian Sausage Casserole (<i>Nursery & Pre-School</i>) Lunch – Vegetarian Sausage, Mash & Beans (<i>Infants</i>) Tea – Sweetcorn Pasta
Friday Lunch – Vegetarian Roast Dinner Tea – Cheese and Onion Lattice and Beans	Friday Lunch – Vegetarian Roast Dinner Tea – Vegetarian Cottage Pie

Breakfast Options: -

- Creamy Porridge (available with Soya or Oat Milk)
- Coconut Yoghurt served with Stewed Fruit

Dessert - Fresh Fruit Platters served after lunch (with blended fruit and Greek Yogurt for Babies)

Tea – Served with bread-and-butter alternative each afternoon